

# **Touristic Guide**

## **The Healing Valley of Rabdisht**

**Duration of the tour: 3 days**

**Trail length: 18 - 20 km**

**Difficulty level: easy to moderate**

### **Itinerary - Day 1**

**8:30**

Departure from Peshkopi

**9:15**

Visit to the thermal springs of Peshkopi

**9:40**

Experience at old water mill of the Saraçi Family. The nearby cold water spring is also used for health treatment purposes.

**10:25**

Explore the beauty of the Healing Valley from the Pyramid of the Rabdisht. From the observation point to the pyramid-shaped hill, often referred to as the Nose of the City you can enjoy the beauty of the Healing Valley, the cold water spring, and the landscape of the villages of Bellova, Zagrad, Cerjan, and Rabdisht.



### **10:30**

Hiking to “Lugu Arushës”. It is one of the torrent canyons of Rabdisht. Because of the water resources, legend shows that the bears come from the mountain to drink water and that is why the location has received this name.

### **13:00**

Lunch has been pre-packed.

### **14:30**

Walking to plantations and agri-farms in Rabdisht. On the horizon is seen the whole “Healing Valley”.

### **15:30**

Visit to the “stone village” of Rabdisht.

### **16:30**

Accommodation in guest houses. Traditional family dinner

## **Day 2**

### **8:00**

Breakfast in the guest houses.

### **9:00**

Hiking to Rabdisht Pasture while horses and mules are used for transportation of bags. The road to the pasture landscape is very beautiful; it is part of the Korab-Koritnik Nature Park. The journey lasts 3.5 hours.

### **12:30**

Lunch has been pre-packed.



**16:30**

Visit to Zagrad village. It is located at the foot of Skertec Mountain, from which it has taken its name of Black Stone.

**16:30**

Accommodation and dinner in the guest houses.

## **Day 3**

**8:00**

Breakfast in the guest house

**9:00**

Explore the monuments of culture and nature in Bellova. The magnificent scenery of Skërtec Mountain Gorge. You will visit the prehistoric ruins of the "Cape of the Town", an early archaeological settlement, Bellova cave, as well as Bellova water springs, a hydro-monument of nature.

**12:00**

Lunch in Peshkopi

**14:00**

Tour of the City of Peshkopi.

**16:00**

Refreshments at one of the bars along the boulevard.

**16:30**

Visiting the city quarters. Visitors will learn about the characteristic buildings of the city at the time of communism, and social organization.

**17:00**

Accommodation and dinner in Peshkopi



## Necessities:

- Hat
- Sunglasses
- Sunscreen
- Water
- Energy bars / dried fruit / nuts
- Wind / Rain - proof Jacket
- Trekking Shoes
- Comfortable lightweight clothes

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Tourist Guide: **Sokol Rajta**

**Website:** <https://dtacademy.net/>

